




**SPINA BIFIDA
HYDROCEPHALUS
IRELAND**

**Calendar of Events
2012**





SPINA BIFIDA HYDROCEPHALUS IRELAND

Notes:

Contact details for all events are on the inside back cover of this calendar.

Events running for a number of days are colour coded.

Events in this calendar are subject to change.

Please see our website www.sbhi.ie for updates.

JANUARY 2012



Contact details for all events are on the inside back page of this calendar.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
						1
2	3 Cavan/ Monaghan – Regional Clinics: IWA, Cavan, 10am-4pm. Contact Hazel.	4 Meath – Parent Support Group: Enable Ireland, Navan, 11am-12.30pm. Contact Hazel. Louth Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	5 Kildare – Little Joey Play Group: Little Joey’s Play Centre, Naas Town Centre, 10.30am-1pm. Contact Edel. Cavan/Monaghan Regional Clinics: Four Seasons Hotel, Monaghan, 11am -1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	6 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, 11am-1pm. Contact Aisling J.	7 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E. Dublin – Saturday Youth Skills Workshop: NRC, 11.30am-1.30pm. Contact Andrea.	8
9	10 Cavan/ Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Row, Bray. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo 4pm. Contact Aisling J.	11 Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth – Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	12 Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	13	14 Dublin – Meet for Lunch: Jury’s Inn, Custom House Docks. Contact Karen G.	15
16	17 Cavan/ Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	18 Louth – Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	19 Cavan/Monaghan – Regional Clinics: Four Season’s Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	20	21 Dublin – Saturday Youth Skills Workshop: NRC, 11.30am-1.30pm. Contact Andrea.	22
23	24 Cavan/ Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Adult Support Group (PILOT): Tullamore Court Hotel. 6-8pm. Contact Sarah.	25 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel. Louth – Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	26 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	27 Dublin – Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.	28 National Executive Committee: National Resource Centre.	29
30	31 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands Carers Support Group: Kilbeggan (venue tbc). 10.30am-12.30pm. Contact Sarah. Waterford- Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.					

FEBRUARY 2012

Contact details for all events are on the inside back page of this calendar.



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
		<p>1 Essential Cooking – Adults (Week 1): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>2 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas Town Centre. 10.30am-1pm. Contact Edel.</p> <p>Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy.</p> <p>Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>3 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, 11am-1pm. Contact Aisling J.</p>	<p>4 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.</p>	5
<p>6 Louth Parent's Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.</p>	<p>7 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>8 Essential Cooking – Adults (Week 2): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>9 Wexford – Contenance Evening: Time, venue tbc. Contact Judy.</p> <p>Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare.</p> <p>Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy.</p> <p>Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	10	<p>11 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G.</p> <p>Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.</p>	12
13	<p>14 VALENTINE'S DAY.</p> <p>Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p> <p>Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare.</p> <p>Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.</p>	<p>15 Essential Cooking – Adults (Week 3): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>16 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8pm-10pm. Contact Edel.</p> <p>Kidz Corner: Imaginosity Children's Museum, Dublin. 9 years and under with parents. Siblings of other ages also welcome. 11.30am-1.30pm. Contact Wala or Helen.</p>	<p>17 Valentine's Night (strictly Over 18s): Green Isle Hotel, Naas Road, Dublin 22. 8pm-late. Contact Wala or Helen.</p>	18	19
20	<p>21 SHROVE TUESDAY</p> <p>Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>22 ASH WEDNESDAY</p> <p>Essential Cooking – Adults (Week 4): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p> <p>Application forms available in the Evening Herald for Flora Women's Mini Marathon.</p>	<p>23 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>24 Dublin – Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G.</p> <p>Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.</p>	<p>25 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.</p>	26
27	<p>28 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p> <p>Midlands Carers Support Group: Kilbeggan (venue tbc). 10.30am-12.30pm. Contact Sarah.</p> <p>Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.</p> <p>Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.</p>	<p>29 Essential Cooking – Adults (Week 5): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>				

MARCH 2012

Contact details for all events are on the inside back page of this calendar.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
			<p>1 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas Town Centre, Co. Kildare. 10.30am-1pm. Contact Edel.</p> <p>Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy.</p> <p>Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>2 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris. 11am-1pm. Contact Aisling J.</p>	<p>3 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.</p>	4
<p>5 Louth Parent's Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.</p>	<p>6 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>7 Essential Cooking – Adults (Week 6): NRC. 11am-3pm. Contact Wala or Helen.</p> <p>Louth/Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>8 Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove. Dublin 6. 10am-12pm. Contact Clare.</p> <p>Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy.</p> <p>Provisional: Louth Continence Education session: IWA Centre, Ardee, Co. Louth. 11am-9pm. Contact Hazel.</p> <p>Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>9</p>	<p>10 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G.</p> <p>Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.</p>	11
<p>12 Adult Getaway (Kilcuan, Galway): Contact Wala or Helen.</p> <p>Tipperary (South) – Parent Toddler Support Group: Planet Playground, Clonmel, Co. Tipp. 10.30am - 12.30pm. Contact Judy.</p>	<p>13 Adult Getaway (Kilcuan, Galway): Contact Wala or Helen.</p> <p>Cavan/ Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p> <p>Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare.</p> <p>Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.</p>	<p>14 Adult Getaway (Kilcuan, Galway): Contact Wala or Helen.</p> <p>Dublin - Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel.</p> <p>Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>15 Adult Getaway (Kilcuan, Galway): Contact Wala or Helen.</p> <p>Cavan/Monaghan - Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Dublin Area – Skincare Information Evening: Clarion Hotel, Liffey Valley. 7-9.30pm. Contact Edel or Clare.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>16</p>	<p>17 ST. PATRICK'S DAY</p>	18
<p>19 BANK HOLIDAY</p>	<p>20 Cavan/Monaghan - Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>21 Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>22 Cavan/Monaghan - Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>23 Dublin – Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G.</p> <p>Louth/Meath – Parent Support Group: Crowne Plaza Hotel Dundalk. 11am-12.30pm. Contact Hazel.</p>	<p>24 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.</p>	25
<p>26</p>	<p>27 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p> <p>Midlands – Carers Support Group: Venue tbc. 6-8pm. Contact Sarah.</p> <p>Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.</p> <p>Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.</p>	<p>28 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare.</p> <p>Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel.</p>	<p>29 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.</p> <p>Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>30</p>	<p>31</p>	

APRIL 2012



Contact details for all events are on the inside back page of this calendar.

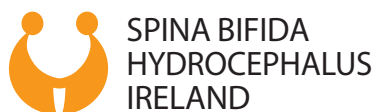
MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
						1
2 Louth Parent's Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.	3 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	4 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	5 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas Town Centre, Co. Kildare. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am -1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	6 GOOD FRIDAY	7 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.	8
9 EASTER MONDAY	10 Teenage Mid-Term Break (Kildare): 10th-13th. Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.	11 Teenage Mid-Term Break (Kildare): Contact Wala or Helen. Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	12 Teenage Mid-Term Break (Kildare): Contact Wala or Helen. Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove. Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	13 Teenage Mid-Term Break (Kildare): Contact Wala or Helen.	14 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am -1.30pm. Contact Andrea.	15
16	17 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	18 Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	19 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	20	21 National Executive Committee meeting: NRC.	22
23	24 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5pm-7pm. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	25 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1pm-4pm. Contact Clare. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	26 Cavan/Monaghan - Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	27 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Dublin - Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G.	28 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	29
30						

Contact details for all
events are on the inside
back page of this calendar.

MAY 2012



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
	1 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	2 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	3 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas Town Centre, Co. Kildare. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	4 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	5 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.	6 Fundraising Event: Walk, Run or Wheel. Details tbc. Contact NRC.
7 BANK HOLIDAY	8 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.	9 Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	10 Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	11 SBHI AGM & Conference: 11th-13th. Venue to be confirmed. Contact NRC.	12 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	13
14	15 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	16 Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	17 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	18	19	20
21	22 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	23 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	24 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	25 Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel. Dublin – Social Drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G.	26 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am -1.30pm. Contact Andrea.	27
28	29 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.	30 Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	31 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.			



SPINA BIFIDA
HYDROCEPHALUS
IRELAND

JUNE 2012

Contact details for all
events are on the inside
back page of this calendar.



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
				1 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	2 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonsaugh. 10am-12pm. Contact Aisling Nic E.	3
4 JUNE BANK HOLIDAY Flora Women's Mini Marathon.	5 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	6 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	7 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas Town Centre, Co. Kildare. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	8	9 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	10
11	12 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling.	13 Dublin – Parents Support Group: SBHI Resource Centre, Clonsaugh. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	14 Dublin – Coffee Morning: Panda Play Centre, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	15	16	17
18	19 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	20 Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	21 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	22 Dublin – Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.	23 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	24
25	26 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 6-8pm. Contact Sarah. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	27 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1pm-4pm. Contact Clare. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm, Contact Edel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	28 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	29	30	

JULY 2012



Contact details for all events are on the inside back page of this calendar.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
						1
2 Louth – Parents’ Support Group: IWA, Ardee, Co. Louth. 10.30am – 12.30pm. Contact Hazel	3 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	4 Louth/Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	5 Kildare – Little Joey Play Group: Little Joey’s Play Centre, Naas Town Centre, Co. Kildare. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	6 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	7 SHINE: Jasmine Week (7th – 13th): Scoil Mochua, Old Nangor Road, Clondalkin, Dublin 22. Contact Wala or Helen. Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.	8 SHINE: Jasmine Week
9 SHINE: Jasmine Week.	10 SHINE: Jasmine Week. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling.	11 SHINE: Jasmine Week. Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	12 SHINE: Jasmine Week. Dublin – Coffee Morning: Panda Play Café, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	13 SHINE: Jasmine Week.	14 SHINE: Sunflower Week (14th – 20th): Scoil Mochua. Contact Wala or Helen. Dublin – Meet for Lunch: Jury’s Inn, Custom House Docks. Contact Karen G. National Executive Committee meeting: NRC.	15 SHINE: Sunflower Week.
16 SHINE: Sunflower Week.	17 SHINE: Sunflower Week. Cavan/Monaghan - Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	18 SHINE: Sunflower Week. Louth Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	19 SHINE: Sunflower Week. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	20 SHINE: Sunflower Week	21 SHINE: Sandalwood Week (21st – 27th): Scoil Mochua. Contact Wala or Helen.	22 SHINE: Sandalwood Week.
23 SHINE: Sandalwood Week.	24 SHINE: Sandalwood Week. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	25 SHINE: Sandalwood Week Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel. Louth Children’s Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	26 SHINE: Sandalwood Week. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence’s GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	27 SHINE: Sandalwood Week. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel. Dublin - Social drinks: Ashling Hotel, Parkgate Street. Contact Karen G.	28 SHINE: Lavender Week (28th – 3rd August): Scoil Mochua. Contact Wala or Helen.	29 SHINE: Lavender Week.
30 SHINE: Lavender Week.	31 SHINE: Lavender Week. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.					

Contact details for all
events are on the inside
back page of this calendar.

AUGUST 2012



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
		<p>1 SHINE: Lavender Week. Louth/Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>2 SHINE: Lavender Week. Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>3 SHINE: Lavender Week. Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.</p>	<p>4 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.</p>	5
<p>6 AUGUST BANK HOLIDAY</p>	<p>7 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>8 Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>9 Dublin – Coffee Morning: Panda Play Cafe, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	10	<p>11 SHINE: Lemongrass Week (11th – 17th): Scoil Mochua. Contact Wala or Helen. Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G.</p>	<p>12 SHINE: Lemongrass Week.</p>
<p>13 SHINE: Lemongrass Week</p>	<p>14 SHINE: Lemongrass Week. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.</p>	<p>15 SHINE: Lemongrass Week. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>16 SHINE: Lemongrass Week. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>17 SHINE: Lemongrass Week.</p>	<p>18 Away Week: Calvert Trust UK (18th – 25th): Contact Wala or Helen. Dublin – Over 18s Saturday Morning Club: Dublin Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.</p>	<p>19 Away Week: Calvert Trust UK. Contact Wala or Helen.</p>
<p>20 Away Week: Calvert Trust UK. Contact Wala or Helen.</p>	<p>21 Away Week: Calvert Trust UK. Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>22 Away Week: Calvert Trust UK. Contact Wala or Helen. Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>23 Away Week: Calvert Trust UK. Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>24 Away Week: Calvert Trust UK. Contact Wala or Helen. Dublin - Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.</p>	<p>25 Away Week: Calvert Trust UK. Contact Wala or Helen.</p>	26
27	<p>28 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.</p>	<p>29 Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm. Contact Edel.</p>	<p>30 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	31		

SEPTEMBER 2012



Contact details for all events are on the inside back page of this calendar.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
					1 Kidney Awareness Day: Venue tbc. Contact Katie. Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.	2
3 Louth – Parents support group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.	4 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Waterford – Contenance Evening: Tower Hotel, The Quay, Waterford. 7-10pm. Contact Judy.	5 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	6 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	7 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	8 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	9
10	11 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling.	12 Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	13 Dublin – Coffee Morning: Panda Play Cafe, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	14	15 Dublin/Kildare/Wicklow – Contenance Information Session: Venue tbc. 11am-5pm. Contact Clare or Edel. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	16
17	18 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	19 Louth Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	20 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	21	22 National Sports for Fun Day: IT Athlone. 10am-4pm. Contact Wala or Helen.	23
24	25 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	26 Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm, Contact Edel.	27 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	28 Dublin – Social drinks: Ashling Hotel, Parkgate Street. Contact Karen G. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.	29 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	30

OCTOBER 2012



Contact details for all events are on the inside back page of this calendar.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
1 Louth – Parents Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.	2 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	3 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6pm-7pm. Contact Hazel.	4 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas. 10.30am-1pm. Contact Edel. Cavan/Monaghan Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	5 Family Weekend – Kildare: 5th-7th. Contact Wala or Edel. Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	6 Family Weekend – Kildare: Contact Wala or Edel. Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonsbaugh. 10am-12pm. Contact Aisling Nic E. National Executive Committee: National Resource Centre.	7 Family Weekend – Kildare: Contact Wala or Edel.
8	9 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.	10 Essential Cooking – Adults (Week 1): NRC. 11am-3pm. Contact Wala or Helen. Dublin – Parents Support Group: SBHI Resource Centre, Clonsbaugh. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	11 Dublin – Coffee Morning: Panda Play Cafe, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	12	13 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	14
15	16 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	17 Essential Cooking – Adults (Week 2): 11am-3pm. Contact Wala or Helen. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	18 Cavan/Monaghan – Regional Clinics: Four Season's Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	19	20	21 National Torc Pin Day 2012: Details tbc. Contact NRC.
22	23 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30am-12.30pm. Contact Sarah. Midlands- Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.	24 Essential Cooking – Adults (Week 3): 11am-3pm. Contact Wala or Helen. Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	25 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	26 Dublin – Social drinks: Ashling Hotel, Parkgate Street. Contact Karen G. Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel.	27 Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.	28
29 BANK HOLIDAY	30 Teenage Mid-Term Break – Kildare 30th-2nd Nov: Contact Wala or Helen. Halloween Family Funday – Kildare: Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: Four Season's Hotel, Monaghan. 11am-1pm. Contact Hazel. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy.	31 Teenage Mid-Term Break – Kildare: Contact Wala or Helen. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.				

NOVEMBER 2012



Contact details for all events are on the inside back page of this calendar.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
			<p>1 Teenage Mid-Term Break – Kildare: Contact Wala or Helen. Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas. 10.30am-1pm. Contact Edel. Cavan/Monaghan Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>2 Teenage Mid-Term Break – Kildare: Contact Wala or Helen. Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.</p>	<p>3 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E.</p>	4
<p>5 Louth – Parents Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.</p>	<p>6 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>7 Essential Cooking – Adults (Week 4): 11am-3pm. Contact Wala or Helen. Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>8 Dublin – Coffee Morning: Panda Play Cafe, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>9</p>	<p>10 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea.</p>	11
12	<p>13 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling.</p>	<p>14 Essential Cooking – Adults (Week 5): 11am-3pm. Contact Wala or Helen. Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>15 Cavan/Monaghan – Regional Clinics: Four Season's Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	16	17	18
19	<p>20 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.</p>	<p>21 Essential Cooking – Adults (Week 6): 11am-3pm. Contact Wala or Helen. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.</p>	<p>22 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	<p>23 Louth/Meath – Parent Support Group: Crowne Plaza Hotel, Dundalk. 11am-12.30pm. Contact Hazel. Dublin – Social drinks: Ashling Hotel, Parkgate Street, Dublin. Contact Karen G.</p>	<p>24 Dublin – Saturday Youth Skills Workshop: NRC, Clonsalkin, 11.30am-1.30pm. Contact Andrea.</p>	25
<p>26 Adult Getaway – Kilcuan, Galway, 26th-29th. Contact Wala or Helen.</p>	<p>27 Adult Getaway – Kilcuan, Galway. Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Midlands – Carers Support Group: Venue tbc. 10.30-12.30pm. Contact Sarah. Waterford – Adult Social Group: Tower Hotel, The Quay, Waterford. 5-7pm. Contact Judy. Midlands – Adult Support Group (PILOT): Venue tbc. 6-8pm. Contact Sarah.</p>	<p>28 Adult Getaway – Kilcuan, Galway. Contact Wala or Helen. Wicklow – Regional Clinic: Grand Hotel, Wicklow Town. 1-4pm. Contact Clare. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel. Kildare – Adult Social Group: Osprey Hotel, Naas. 7-11pm, Contact Edel.</p>	<p>29 Adult Getaway – Kilcuan, Galway. Contact Wala or Helen. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.</p>	30		

DECEMBER 2012

Contact details for all events are on the inside back page of this calendar.



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN
					1 Dublin – Over 18s Saturday Morning Club: SBHI Resource Centre, Clonshaugh. 10am-12pm. Contact Aisling Nic E. Dublin – Saturday Youth Skills Workshop: NRC. 11.30am-1.30pm. Contact Andrea. National Executive Committee: National Resource Centre.	2
3 Louth – Parents Support Group: IWA, Ardee, Co. Louth. 10.30am-12.30pm. Contact Hazel.	4 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	5 Meath – Parent Support Group: Enable Ireland, Mullabouy Industrial Estate, Navan, Co. Meath. 11am-12.30pm. Contact Hazel. Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	6 Kildare – Little Joey Play Group: Little Joey's Play Centre, Naas. 10.30am-1pm. Contact Edel. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Wexford – Young Adult Support Group: Riverside Park Hotel, Enniscorthy. 5-7pm. Contact Judy. Kildare – Social Night: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	7 Mayo – Coffee Morning: The Dillon Suite, McWilliam Hotel, Claremorris, Co. Mayo. 11am-1pm. Contact Aisling J.	8 Dublin – Meet for Lunch: Jury's Inn, Custom House Docks. Contact Karen G.	9 National Christmas Party: tbc. Contact Andrea.
10	11 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel. Wicklow – Regional Clinic: Villa Pacis, Putland Road, Bray, Co. Wicklow. 11am-1pm. Contact Clare. Sligo – Adult Group: Glass House Hotel, Sligo. 4pm. Contact Aisling J.	12 Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel. Dublin – Parents Support Group: SBHI Resource Centre, Clonshaugh. 11am-12.30pm. Contact Hazel.	13 Dublin – Coffee Morning: Panda Play Cafe, Terenure Rugby Club, Greenlea Grove, Dublin 6. 10am-12pm. Contact Clare. Wexford – Parent Toddler Group: Riverside Park Hotel, Enniscorthy. 10.30am-12.30pm. Contact Judy. Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel. Kildare – Sports Club 2000: St. Laurence's GAA Club, Narraghmore, Co. Kildare. 8-10pm. Contact Edel.	14	15 Dublin – Saturday Youth Skills Workshop: NRC, Clondalkin, 11.30am-1.30pm. Contact Andrea.	16
17	18 Cavan/Monaghan – Regional Clinics: IWA, Cavan. 10am-4pm. Contact Hazel.	19 Louth – Children's Sports Club: Muirheavnamor Sports Centre, Dundalk. 6-7pm. Contact Hazel.	20 Cavan/Monaghan – Regional Clinics: Four Seasons Hotel, Monaghan. 11am-1pm. Contact Hazel.	21	22	23
24	25 CHRISTMAS DAY	26 ST STEPHEN'S DAY	27	28	29	30
31						

**For further information on all events in your local area,
contact your local branch or local Family Support Worker:**

Edel Browne – ‘North Dublin City, Kildare’
Contact: 086-8520616 or ebrowne@sbhi.ie

Sarah Jacobsen – ‘Laois, Offaly, Longford, Westmeath’
Contact: 085-7119062 or sjacobsen@sbhi.ie
Facebook: Sarah Jacobsen Fsw Sbhi

Aisling Joyce – ‘Mayo, Leitrim, Roscommon, Sligo’
Contact: 087-9395371 or ajoyce@sbhi.ie

Hazel McGeough – ‘Cavan, Monaghan, Louth, Meath, Nth County Dublin’
Contact: 086-8194790 or hmcgeough@sbhi.ie
Facebook: Hazel McGeough FSW

Judy Long – ‘Waterford, Wexford, South Tipperary, Carlow, Kilkenny’
Contact: 087-6527175 or jlong@sbhi.ie
Facebook: Judy Long Sbhi

Clare Riordan – ‘South County Dublin, Wicklow’
Contact: 087-2209625 or criordan@sbhi.ie

Those in need of the services of a Family Support Worker outside of the above mentioned regions, please contact the National Resource Centre on 01-4572329.

For further information on Education & Training:

Education Officer: Katie Kelly kkelly@sbhi.ie or 087-3792051

For further information on Youth & Respite events:

Youth and Respite Manager: Wala Brennan wbrennan@sbhi.ie
Youth and Respite Coordinator: Helen Riney hriney@sbhi.ie
Contact 085-7119087 or 01-4572329

Youth Forum contact:

National Youth Officer: Andrea Fox 087-1363264 andrea28@gmail.com

For further chat, support and updates, join SBHI on one of its facebook pages:

One page for adult members (sbhi facebook)
One page for parents of members (sbhi facebook parents)
One page for the general public (Spina.Bifida.Hydrocephalus.Ireland)

For further details on all Dublin Branch events contact:

Vicky (Dublin Branch Administrator) on 01-8485227 or
Karen Gibney (Youth Officer Dublin Branch) on 087-6896532

For all other events

Contact the National Resource Centre on 01-4572329 and see www.sbhi.ie for regular updates

Contact details for SBHI Resource Centre, Clonshaugh

SBHI Resource Centre: 01-8487311
Alice Rajaratnam – Senior Occupational Therapist / Manager
Aisling Nic Eochaidh – Occupational Therapy Aide

Key/notes:

- IWA = Irish Wheelchair Association
- NRC = National Resource Centre
- Employment Workshops will be held in various locations throughout the country from March to June (dates to be decided). Contact Katie on 087-3792051



SPINA BIFIDA HYDROCEPHALUS IRELAND

Spina Bifida Hydrocephalus Ireland (SBHI)

National Resource Centre

Old Nangor Road, Clondalkin, Dublin 22

Tel: (01) 457 2329 Fax: (01) 457 2328

Lo-call: 1890 20 22 60

Email: info@sbhi.ie

Website: www.sbhi.ie

Please note that events in this calendar are subject to change.