

# SBHI

## MEMBERS WORKSHOP

Calling all members aged 13 to 17 years. Do you have 2 hours free the 4th Saturday of every month. If the answer is yes then why not come along to a fun filled workshop. The workshop will consist of many activities such as computers, arts & crafts, and independence skills while working on confidence building activities. It is an opportunity to meet up with other members and share stories.

While the children are having fun parents will have a chance to meet up for coffee and share stories with each other.

The workshop starts on the 22<sup>nd</sup> of October in the National Resource Centre, Clondalkin @ 11.30am – 1.30pm. To confirm a place please contact Andrea on 0871363264 or [andrea28@gmail.com](mailto:andrea28@gmail.com)

