

SBHI ANNUAL NATIONAL CONFERENCE & A. G. M.

10th June to 12th June 2011 (incl),
Carlton Millrace Hotel & Spa,
Bunclody,
Co. Wexford.

EXPLORING PERCEPTIONS, EVOKING CHANGE – *What's it all about?*

The agenda for this year's conference has been directly influenced by the feedback we have received from all members and covers a number of topics which continue to be at the forefront of the SBHI Mission Statement.

The mission or purpose of Spina Bifida Hydrocephalus Ireland is to provide information, support and advice to people with Spina Bifida and/or Hydrocephalus, their parents and carers, as well as to promote social inclusion and equality for people with Spina Bifida and/or Hydrocephalus in Irish society.

Exploring Perceptions, Evoking Change

The intention of this conference is to explore how we perceive ourselves, how we relate to others and how we enable others to relate to us. We all have the ability to evoke change both within ourselves and in those around us through our attitudes and behaviours. The aim of this weekend is to empower you “to be the change you wish to see in the world” Mahatma Gandhi (1869-1948).

Agenda

FRIDAY 10th JUNE

7.00pm–8.30pm	Breaking the Ice - Primary members' workshop
7.00pm–8.30pm	Parent Matters - Meet and greet for parents and carers - Hosted by SBHI Board of Directors
7.00pm–8.30pm	Kids Camp - Up to the age of 16 years
9.00pm	Conference Open - Fiach McDonagh, National Chair SBHI
9.15pm–11.30pm	Evening Entertainment & Finger Food - Hosted by SBHI Youth Forum

SATURDAY 11th JUNE

9.30am–10.00am	Registration
9.30am–5.30am	Kids Camp – Up to the age of 16 years
10.15am–10.30am	Conference Welcome - Peter Landy, National Vice-Chair SBHI
11.00am–1.30pm	Insights Workshops (12.15pm Tea & Coffee)

- Skills4Life
- Speakeasy
- Caring for YOU
- Making it Work (group workshop)
- Family Law (11.00am–12.15pm)

1.30pm–2.30pm **Lunch**
2.30pm–5.00pm **Insights Workshops** (3.45pm Tea & Coffee)

- Skills4Life cont.
- Speakeasy cont.
- Caring for YOU cont.
- Making it Work (one-to-one sessions)
- Raising Your Ambitions (2.30pm–3.45pm)

6.30pm–7.30pm **Celebration Mass**
8.00pm–10.00pm **Gala Dinner incl. Conference Close** - Fiach McDonagh, National
Chair SBHI
10.00pm–1.00am **Gala Entertainment** - Hosted by the Wexford Branch

SUNDAY 12th JUNE

10.30am–11.00am **AGM Registration**
11.00am–1.00pm **National AGM**
1.00pm–2.00pm **Lunch**

There will be a number of exhibitors available during the conference. Click on the link below to download the booking form - <http://www.sbhi.ie/documents/exploringchange.pdf>