

SHINE - Volunteer Activity Leader



Roles and Responsibilities

Volunteer Activity Leaders are required to volunteer for at least an hour during the week to run an activity.

Volunteer Activity Leaders are needed to run any of the following group activities:

- Dance, music, drama, art, crafts, film/documentary, photography, massage, yoga, make up, skincare
- Sports - extreme and mainstream sports such as basketball, archery, self defense, athletics, field events, swimming, water sports, obstacle courses, boccia, bowling

The group comprises of a maximum of 16 participants. Group size is flexible and smaller groups can be formed. Volunteer Care and Activity Workers and Volunteer Liaison Officers take part and help out in the session where necessary. Sessions usually last 45 minutes but this can be extended or shortened depending on the groups' needs.

A summary of Volunteer Activity Leader responsibilities, are as follows:

- to plan, design and facilitate an activity in any of the above
- to fully support and encourage all participants to actively take part in the activity
- to enter into the spirit of fun and philosophy of SHINE
- to provide an environment conducive to learning and fun
- to cater for all level of abilities, both physical and intellectual
- to actively participate in the volunteer training on the Saturday prior to participants' arrival

To become a SHINE Volunteer Activity Leader you must:

- **Be 21 years of age, or older, by the 21st June prior to SHINE starting**
- **Have experience and/or formal qualification in teaching or facilitating your chosen activity**
- **Be an excellent communicator**
- **Have a positive and enthusiastic attitude**
- **Be a caring, hard working, responsible and patient person**